



Area	Area (Hectares)	Population (2001)
Essex		1,310,836
Epping Forest		120,896
Abbeys Beauchamp & Berners Roding	6.1	427
Buckhurst Hill		10,738
Chigwell		12,449
Epping		11,047
Epping Upland		790
Fyfield		737
High Ongar		1,171
Lanbourne		1,828
Loughton		30,340
Matching		635
Moreton, Bobbingworth & The Lavers		1,382
Nazeing		4,675
North Weald Bassett		6,039
Ongar		6,069
Roydon		2,771
Sheering		2,838
Stanford Rivers		739
Stapleford Abbotts		959
Stapleford Tawney		103
Theydon Bois		3,993
Theydon Garmon		130
Theydon Mount		163
Waltham Abbey		20,390
Willingale		483

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